

# 10th Annual NIIM Symposium Schedule

Day 1 – Thursday 11th September

8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 8.50	Welcome & Official Opening	Christopher Ouizeman (NIIM CEO) & Dr Tamara Nation (MC)	
8.50 – 9.05	Prof. Michael Kidd AO	Official Opening	
9.05 – 9.45	Prof. Avni Sali AM	Latest Advances in Integrative Medicine	
9.45 – 10.25	Dr Sanjeev Sharma	What to Do When Everything Fails? Managing Treatment Resistance in Mental Health from an Integrative Perspective.	
10.25 – 10.35	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
10.35 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Emma Van Den Driest	Neuroinflammation, Neuroplasticity & the Future of Neurological Health: A Botanical Breakthrough	
11.40 – 12.20	Dr Peter Bruckner OAM	Diet. How Did We Get It So Wrong for the Last 50 Years?	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	A/Prof Michelle Jongenelis Behaviour Change in Clinical Practice: Evidence-Based Principles and Techniques	Dr Taufiq Binjemin & Prof Avni Sali AM Cancer Care	Kathleen Robb Cholesterol in Context
2.15 – 2.55	Dr Tim Robinson & A/Prof Karin Ried Long COVID – Integrative Strategies to Aid Recovery	Dr Shala Rasouli (PhD) Thyroid Gland: Anatomy, Physiology & Clinical Disorders	Dr Sonic Searle Returning to Harmony – A Five Element Meditation
2.55 – 3.20	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.20 – 4.00	Dr Janet Schloss (PhD)	Ginger (6-Shogaol's) for Myelodysplastic Syndrome	
4.00 – 4.40	A/Prof Moira Junge	Sleep: The Why, the When, the How and the What!	
4.40 – 4.50	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
4.50 – 5.30	Panel Discussion – Professor Avni Sali AM, Professor Ian Brighthope, Dr John Walters & Peter Webb	Challenges & Benefits of Providing Integrative Medical Care	

Day 2 – Friday 12th September

5.30 – 7.30	NETWORKING FUNCTION – FINGER FOOD & DRINKS – EXHIBITOR PAVILION AREA		
8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 9.00	Welcome & Official Opening	Christopher Ouizeman (NIIM CEO) & Dr Tim Ewer (MC)	
9.00 – 9.40	Dr Nicholas Morgan	Chronic Fatigue Syndrome & the Cell Danger Response	
9.40 – 10.20	A/Prof Karin Ried	Innovative Treatments for Cancer at NIIM: Lightbed, Frequency Therapy, Hyperthermia	
10.20 – 10.30	Interactive Q&A Panel	Facilitated by Dr Tim Ewer (MC)	
10.30 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Dr Brad Leech (PhD)	Are Grains Killing Our Patients – or Could They Be the Missing Link to Wellness?	
11.40 – 12.20	Megan Reilly	The Role of Integrative Therapies in Melanoma Patients	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by Dr Tim Ewer (MC)	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	Dr Barbara James Recognising and Responding to ADHD & Mental Health in Adolescence: Prevalence, Diagnosis & Emerging Interventions	Dr Lucy Burns The Cardio-Metabolic Effects of the Menopause Transition	ABSTRACT Session
2.15 – 2.55	Dr Adrian Lopresti (PhD) The Triad of Sleep, Stress & Immune Dysfunction	Dr Denise Furness Powering Cellular Health: Clinical Applications of Ubiquinol for Mitochondrial Function and Healthy Ageing	Tanya Wells Oncology Care (HBOT)
2.55 – 3.30	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.30 – 4.10	Panel Discussion – Prof. Avni Sali AM, Dr Alice Murkies, Dr Peter Eng, Megan Reilly	Treating a Cancer Patient – The Integrative Medicine Way	
4.10 – 4.50	Dr Paul Taylor (PhD)	Exercise As Medicine	
4.50 – 5.00	Interactive Q&A Panel	Facilitated by Dr Tim Ewer (MC)	

This schedule was last updated on 30th July and is subject to change. For the latest version, visit [niim.com.au/education/events/10th-annual-niim-symposium](https://niim.com.au/education/events/10th-annual-niim-symposium)



**Professor  
Avni Sali AM**



**Professor  
Michael Kidd  
AO**



**Professor Ian  
Brighthope  
OAM**



**Dr Peter  
Brukner  
OAM**



**Dr Sanjeev  
Sharma**



**Dr Barbara  
James**



**Dr John  
Walters**



**Dr Alice  
Murkies**



**Dr Nicholas  
Morgan**



**Dr Lucy Burns**



**Dr Tim  
Robinson**



**Dr Brad Leech  
(PhD)**



**A/Prof Karin  
Ried**



**A/Prof Moira  
Junge**



**Dr Janet  
Schloss (PhD)**



**Dr Denise  
Furness (PhD)**



**Dr Shala  
Rasouli (PhD)**



**Dr Adrian  
Lopresti  
(PhD)**



**Megan Reilly**



**Dr Paul Taylor  
(PhD)**



**Kathleen  
Robb**



**Peter Webb**



**Dr Sonic  
Searle**



# 10th Annual Symposium

HIGHLIGHTING THE LEADERS, BREAKTHROUGHS  
AND VISION FOR INTEGRATIVE MEDICINE

**Thursday 11<sup>th</sup> &  
Friday 12<sup>th</sup> September  
Amora Riverwalk Hotel,  
Richmond VIC**