

9th Annual NIIM Symposium – Program

Day 1 – Thursday 12th September

8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 9.00	Welcome & official opening	Christopher Ouizeman (NIIM CEO) & Dr Tamara Nation (MC)	
9.00 – 9.40	Prof Avni Sali AM	Hyperbaric Oxygen Therapy	
9.40 – 10.20	Rebecca Edwards	The role of the microbiome in cholesterol regulation	
10.20 – 10.30	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
10.30 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Prof Anitra Carr	Beyond scurvy: the requirements & use of oral & IV Vitamin C in chronic health conditions	
11.40 – 12.20	Nikki Callan/Kristy O'Brien	Beneath the surface: Exploring microbial influences on Women's health	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	Dr Simone Peters Disorders of Brain-Gut Interaction & the utilisation of gut-directed hypnotherapy	Prof Andrew Pipingas Ameliorating cognitive decline & reducing dementia risk	Rochelle Wickramaratchi Yoga Nidra
2.15 – 2.55	Dr Brad Leech (PhD) Polyphenols & Gut Health	Dr Thomas Arkell (PhD) Medicinal Cannabis, Cognitive Function & Driving	ABSTRACT Session A/Prof Karin Ried Dr Larissa Miller Prof Avni Sali Dr Isaac Golden
2.55 – 3.30	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.30 – 4.10	A/Prof Nathan Butler	Long COVID: Understanding pathophysiology & empowering management strategies	
4.10 – 4.50	A/Prof Karin Ried	Kyolic Aged Garlic Extract & Aerobic Fitness	
4.50 – 5.00	Interactive Q&A Panel	Facilitated by Dr Tamara Nation (MC)	
5.30 – 7.30	NETWORKING FUNCTION – FINGER FOOD & DRINKS – EXHIBITOR PAVILION AREA		

Day 2 – Friday 13th September

8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 9.00	Welcome & official opening	Christopher Ouizeman (NIIM CEO) & Rachel Arthur (MC)	
9.00 – 9.40	Rachel Arthur	The new nuance of thyroid nutrition	
9.40 – 10.20	Dr Arun Dhir	Addressing the challenges of obesity & Gastro Oesophageal Reflux Disease (GORD)	
10.20 – 10.30	Interactive Q&A Panel	Facilitated by Rachel Arthur (MC)	
10.30 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Dr Ross Walker	Epigenetics & Lifestyle: You are the master of your genes, not the victim	
11.40 – 12.20	Dr Christabelle Yeoh	The biophysics of mitochondrial heteroplasmy	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by Rachel Arthur (MC)	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	Rhiannon Hardingham Endometriosis: A multifactorial perspective	Dr Nick Morgan A Therapeutic Order for the Sensitive Patient	Amie Skilton Environmental water damage: identifying & assessing hidden health hazards
2.15 – 2.55	Dr Janet Schloss (PhD) A pilot feasibility trial: Medicinal Cannabis as a treatment option for Fibromyalgia	A/Prof Melinda Jackson The relationship between sleep & chronic health conditions	Peter Webb How to evaluate psychological well-being
2.55 – 3.30	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.30 – 4.10	Dr Denise Furness	Genetic Blueprints and Hormonal Shifts: The Impact of SNPs & Epigenetics on Menopause & Perimenopause	
4.10 – 4.50	Prof Sandeep Reddy	The impact & implications of Artificial Intelligence in Healthcare	
4.50 – 5.00	Interactive Q&A Panel	Facilitated by Rachel Arthur (MC)	



PROF AVNI SALI AM

Founder - NIIM
Hyperbaric Oxygen Therapy



RACHEL ARTHUR

Integrative Nutritionist & Naturopath
The new nuance of thyroid nutrition



DR THOMAS ARKELL

Research Fellow PhD
Medicinal Cannabis: real-world evidence & its effects on driving performance & cognitive function



A/PROF NATHAN BUTLER

Associate Professor
Understanding the pathophysiology & management strategies for Long COVID



NIKKI CALLAN

Naturopath & Nutritionist
Beneath the surface: Exploring microbial influences on Women's health



PROF ANITRA CARR

Bsc (Hons) (Cant), PhD
Beyond Scurvy: the requirements & use of oral & IV vitamin C in chronic health conditions



DR ARUN DHIR

Gastrointestinal Surgeon, Researcher & Author
Addressing the challenges of Obesity & Gastro Oesophageal Reflux Disease (GORD)



REBECCA EDWARDS

Director of Education
The role of the microbiome in cholesterol regulation



RHIANNON HARDINGHAM

Fertility Naturopath & Practitioner Educator
Endometriosis: A multifactorial perspective



A/PROF MELINDA JACKSON

Academic & Sleep Psychologist
Sleep on it: the relationship between sleep & chronic health conditions



DR BRAD LEECH (PHD)

Clinical Nutritionist & Herbalist
Polyphenols & Gut Health: Therapeutic Application



DR NICK MORGAN

Integrative GP
A Therapeutic Order for the Sensitive Patient



DR SIMONE PETERS

Psychophysicologist
Disorders of Brain-Gut Interaction (DGBI) and the utilisation of Gut-Directed Hypnotherapy



PROF ANDREW PIPINGAS

Cognitive Neuroscientist
Ameliorating cognitive decline & reducing dementia risk: evidence from nutritional & multidomain lifestyle intervention trials targeting modifiable risk factors



A/PROF KARIN RIED

Research Director
Kyolic Aged Garlic Extract & Aerobic Fitness



PROF SANDEEP REDDY

Artificial Intelligence (AI) Researcher
The impact & implications of AI in Healthcare



DR JANET SCHLOSS (PHD)

Clinical Research Fellow National Centre of Naturopathic Medicine
A pilot feasibility trial: Medicinal Cannabis as a treatment option for Fibromyalgia



AMIE SKILTON

Functional Medicine Practitioner
Environmental water damage in your patient's home: identifying, assessing & addressing hidden health hazards



DR ROSS WALKER

Cardiologist
Epigenetics & Lifestyle: you are the master of your genes, not the victim



DR DENISE FURNESS

PhD BSc(Hons) RNutr CSO & Founder
Genetic Blueprints & Hormonal Shifts: The Impact of SNPs & Epigenetics on Menopause & Perimenopause



ROCHELLE WICKRAMARATCHI

Naturopath & Ayurvedic Medicine Practitioner
Yoga Nidra & Wellness Session



PETER WEBB

Integrative Psychologist
How to evaluate overall psychological well being



DR CHRISTABELLE YEOH

Integrative GP
The biophysics of mitochondrial heteroplasmy



INSIGHTS IN INTEGRATIVE MEDICINE:

Connecting science & clinical practice

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12 & 13 September 2024
Amora Riverwalk Hotel, Richmond, VIC