



INSIGHTS IN INTEGRATIVE MEDICINE:

Connecting science &
clinical practice

9th Annual NIIM Symposium | 12 & 13 September 2024

Join us at the 9th Annual Symposium this September!

Over 2 exciting days, you'll hear from world-renowned thought-leaders, researchers, professors and medical experts from a range of disciplines discussing the latest in Integrative Medicine, what it means for you, your patients and clinical practice. This is strictly a healthcare practitioner-only event and not intended for the general public.

Key Themes

- Fertility & Endometriosis
- Gut-directed hypnotherapy
- Mental Health & Stress Management Tools
- Gastrointestinal Health, the Gut & Oral Microbiome
- Fatigue & Mitochondrial Health
- Fibromyalgia & Medicinal Cannabis
- And more to be announced!

Who should attend?

- GP's, physicians & medical specialists
- Allied & Complementary Healthcare Practitioners
- Dentists & pharmacists
- Nurses & psychologists
- Scientists, Researchers & Healthcare Educators
- Healthcare Students

TICKETS

General	Student
1 Day = \$370	1 Day = \$190
2 Days = \$690	2 Days = \$340

VENUE:

Amora Riverwalk Hotel
649 Bridge Road, Richmond VIC 3121

Accommodation: NIIM Symposium delegates have access to special accommodation rates at the Amora Riverwalk Hotel. Email res@amora.melbourne or call 03 9246 1200. Mention discount code **EVENTS3121**.

To book your ticket, visit www.niim.com.au/Symposium2024 or scan the QR code below.



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9th Annual NIIM Symposium – Program

Day 1 – Thursday 12th September

8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 9.00	Welcome & official opening	NIIM CEO (Christopher Ouizeman) & MC	
9.00 – 9.40	Prof Avni Sali AM	Hyperbaric Oxygen Therapy	
9.40 – 10.20	Rebecca Edwards	The role of the microbiome in cholesterol regulation	
10.20 – 10.30	Interactive Q&A Panel	Facilitated by MC	
10.30 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Prof Anitra Carr	Beyond scurvy: the requirements & use of oral & IV Vitamin C in chronic health conditions	
11.40 – 12.20	Nikki Callan	Beneath the surface: Exploring microbial influences on Women’s health	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by MC	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	Dr Simone Peters Disorders of Brain–Gut Interaction & the utilisation of gut-directed hypnotherapy	Prof Andrew Pipingas Reducing dementia risk by addressing modifiable risk factors	Rochelle Wickramaratchi Yoga Nidra
2.15 – 2.55	Dr Brad Leech (PhD) Polyphenols & Gut Health	Dr Thomas Arkell (PhD) Medicinal Cannabis, Cognitive Function & Driving	ABSTRACT Session
2.55 – 3.30	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.30 – 4.10	A/Prof Nathan Butler	Long COVID: Understanding pathophysiology & empowering management strategies	
4.10 – 4.50	A/Prof Karin Ried	Kyolic Aged Garlic Extract & Aerobic Fitness	
4.50 – 5.00	Interactive Q&A Panel	Facilitated by MC	
5.30 – 7.30	NETWORKING FUNCTION – FINGER FOOD & DRINKS – EXHIBITOR PAVILION AREA		

Day 2 – Friday 13th September

8.15 – 8.45	REGISTRATION – ARRIVAL TEA & COFFEE		
8.45 – 9.00	Welcome & official opening	NIIM CEO (Christopher Ouizeman) & MC (Rachel Arthur)	
9.00 – 9.40	Rachel Arthur	The new nuance of thyroid nutrition	
9.40 – 10.20	Dr Arun Dhir	Addressing the challenges of obesity & Gastro Oesophageal Reflux Disease (GORD)	
10.20 – 10.30	Interactive Q&A Panel	Facilitated by Rachel Arthur	
10.30 – 11.00	MORNING TEA – EXHIBITION & POSTER VIEWING		
11.00 – 11.40	Dr Ross Walker	Epigenetics & Lifestyle: You are the master of your genes, not the victim	
11.40 – 12.20	Dr Christabelle Yeoh	The biophysics of mitochondrial heteroplasmy	
12.20 – 12.30	Interactive Q&A Panel	Facilitated by Rachel Arthur	
12.30 – 1.30	LUNCH – EXHIBITION & POSTER VIEWING		
	Bridge & Yarra Room	Hawthorn Room	Banks Room
1.30 – 2.10	Rhiannon Hardingham Endometriosis: A multifactorial perspective	Dr Nick Morgan A Therapeutic Order for the Sensitive Patient	Amie Skilton Environmental water damage: identifying, & assessing hidden health hazards
2.15 – 2.55	Dr Janet Schloss (PhD) A pilot feasibility trial: Medicinal Cannabis as a treatment option for Fibromyalgia	A/Prof Melinda Jackson The relationship between sleep & chronic health conditions	Peter Webb How to evaluate psychological well-being
2.55 – 3.30	AFTERNOON TEA – EXHIBITION & POSTER VIEWING		
3.30 – 4.10	Dr Douglas Jones MD	How to handle the spectrum of food adverse reactions	
4.10 – 4.50	Prof Sandeep Reddy	The impact & implications of Artificial Intelligence in Healthcare	
4.50 – 5.00	Interactive Q&A Panel	Facilitated by Rachel Arthur	

This schedule was last updated on 23 July 2024 and is subject to change. For the latest version, visit www.niim.com.au/symposium2024



PROF AVNI SALI AM

Founder – NIIM
Hyperbaric Oxygen
Therapy



RACHEL ARTHUR

**Integrative Nutritionist &
Naturopath**
The new nuance of
thyroid nutrition



DR THOMAS ARKELL

Research Fellow PhD
Medicinal Cannabis: real-world
evidence & its effects on driving
performance & cognitive
function



A/PROF NATHAN BUTLER

Associate Professor
Understanding the
pathophysiology &
management strategies
for Long COVID



NIKKI CALLAN

Naturopath & Nutritionist
Beneath the surface: Exploring
microbial influences on
Women's health



PROF ANITRA CARR

Bsc (Hons) (Cant), PhD
Beyond Scurvy: the requirements
& use of oral & IV vitamin C in
chronic health conditions



DR ARUN DHIR

**Gastrointestinal Surgeon,
Researcher & Author**
Addressing the challenges of
Obesity & Gastro Oesophageal
Reflux Disease (GORD)



REBECCA EDWARDS

Director of Education
The role of the microbiome in
cholesterol regulation



**RHIANNON
HARDINGHAM**

**Fertility Naturopath &
Practitioner Educator**
Endometriosis: A multifactorial
perspective



**A/PROF MELINDA
JACKSON**

**Academic & Sleep
Psychologist**
Sleep on it: the relationship
between sleep & chronic health
conditions



DR DOUGLAS JONES MD

**Director, Global Food
Initiative MD, FAACAI, FACAII**
How to handle the spectrum of
food-adverse reactions



DR BRAD LEECH (PHD)

**Clinical Nutritionist &
Herbalist**
Polyphenols & Gut Health:
Therapeutic Application



DR NICK MORGAN

Integrative GP
A Therapeutic Order for the
Sensitive Patient



DR SIMONE PETERS

Psychophysioanalyst
Disorders of Brain-Gut Interaction
(DGBI) and the utilisation of Gut-
Directed Hypnotherapy



PROF ANDREW PIPINGAS

Cognitive Neuroscientist
Reducing dementia risk by
addressing modifiable risk
factors



A/PROF KARIN RIED

Research Director
Kyolic Aged Garlic Extract &
Aerobic Fitness



PROF SANDEEP REDDY

**Artificial Intelligence (AI)
Researcher**
The impact & implications
of AI in Healthcare



DR JANET SCHLOSS (PHD)

**Clinical Research Fellow
National Centre of Naturopathic
Medicine**
A pilot feasibility trial: Medicinal
Cannabis as a treatment option for
Fibromyalgia



AMIE SKILTON

Functional Medicine Practitioner
Environmental water damage in
your patient's home: Identifying,
assessing & addressing hidden
health hazards



DR ROSS WALKER

Cardiologist
Epigenetics & Lifestyle: you are the
master of your genes, not the
victim



**ROCHELLE
WICKRAMARATCHI**

**Naturopath & Ayurvedic
Medicine Practitioner**
Yoga Nidra & Wellness Session



PETER WEBB

Integrative Psychologist
How to evaluate overall
psychological well being



DR CHRISTABELLE YEOH

Integrative GP
The biophysics of mitochondrial
heteroplasmy

NIIM acknowledges the support of our valued sponsors



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The NIIM Symposium is strictly for registered healthcare practitioners and healthcare students.
This flyer was last updated on 23 July 2024 and is subject to change.
For the latest version, visit www.niim.com.au/symposium2024

NETWORKING COCKTAIL FUNCTION

You're invited to attend the complimentary networking cocktail function in the exhibition area!
Connect with industry colleagues/peers and meet the exhibitors!

5.30pm – 7.30pm, Thursday 12th September
Located in the Pavilion (Exhibitor area)

This is included in the ticket price for Thursday 12th September only.



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