

Medicinal Cannabis Dosing Guidelines

For Authorised Prescriber Scheme Applications to the NIIM HREC

*These **guidelines** are designed to assist applicants in preparing their applications for review by the NIIM HREC. The responsibility of applying sound medical sense to each case remains the applicant's.*

Non-Inhalation Products

1. The starting dose should be calculated based on 1.25mg - 2.5mg of THC daily.
2. The recommended maximum daily dose should be calculated based on 40mg of THC daily.
3. Apply common sense to products with low THC – the recommended maximum technically allowable dose may be higher than the recommended maximum reasonable dose. (See Example 2)

Examples:

For a product with THC 10mg/ml CBD 10mg/ml

Start between 0.1 ml and 0.25 ml nocte; titrate every 3-4 days until clinical effect, as tolerated to the recommended maximum dose of 4 ml daily in divided doses.

For a product with THC 1mg/ml CBD 20mg/ml

Start between 0.5ml and 1 ml nocte; titrate every 3-4 days until clinical effect, as tolerated to the recommended maximum dose of 15 ml in divided doses.

Inhalation Products

It is recommended that patients start with 1 inhalation, wait 15 minutes, and then increase by 1 inhalation every 15-30 minutes until clinical effect and as tolerated, to the recommended maximum daily dose.

In inhalation products, the recommended maximum dose of THC should be 500mg per day (as per the VIC Government Safe Script)